

# LOAN REPAYMENT STRATEGIES, DEBT MANAGEMENT AND FINANCIAL PLANNING 

## $\checkmark$ Be Ready <br> $\checkmark$ Develop Your Plan

April 2023

## Managing Your Finances

1. Repay your student loans strategically.
2. Develop a manageable budget plan.
3. Plan for your future financially.

## What do you consider when making financial decisions?

## When making any financial decision, your financial objectives likely include:

- Making the best use of every dollar
- Minimizing your exposure to financial risk
- Successfully repaying your debt
- Planning financially for the future

These objectives should guide your decisions when planning how you: (1) pay for school, (2) prepare for your financial future, and (3) repay any debt including student loans, i.e., your "educational mortgage!"

## Essentially, you've financed an important investment in yourself

## You can be successful ...

- In repaying this educational "mortgage"
- Without having to sacrifice your career aspirations or the achievement of your other financial and personal goals

But, you must make smart, strategic, and well-informed decisions about how you plan for and manage repayment of your federal student loans!

## You have CHOICES

 Decisions to be made in repayment ...- Should you refinance your existing federal student loans with a private loan if you can get a lower interest rate?
- Should you consolidate your existing federal student loans in the Federal Consolidation Loan program?
- What repayment plan should you choose to repay your federal student loans?
- Should you pay off your federal student loans as fast as possible?


## Normally with debt ...

... you're in harm's way and can feel "boxed into a corner" financially!

# Why are you in harm's way and boxed into that "corner"? 

$\square$ Because payments on debt typically are lockedin/fixed at the time you borrow the money and based on the amount you owe-your DEBT-not on your ability to repay that debt.

## As such, DEBT puts you at RISK and LIMITS your options, financially.

- Puts you at RISK of having to miss the payment due to loss of income or an unexpected expense.
- LIMITS your ability to pursue the job you want, invest for retirement, buy a house, etc.


## With federal student loans...

... you don't need to be "boxed" into that corner!

## Federal student loans offer ...

## Choice

## Flexibility

Safety

# How are federal student loans different? 

# The IMPORTANT difference - availability of the Income-Driven Repayment (IDR) plans: 

$\square$ Payments can be based on your income rather than on the amount of your debt
$\square$ Scheduled monthly payments can be equal to less than 10\% of your household's monthly gross income - therefore, you could have more than $90 \%$ of your household's monthly gross income left over for everything else under the newest of the Income-Driven Repayment (IDR) plans!

As such, federal student loans need not "box you into a corner financially" - they provide financial safeguards that greatly reduce/minimize the RISK and FINANCIAL BARRIERS you normally associate with having debt!

## Federal student loans also provide

- Postpone repayment temporarily using:
- Deferment - (e.g., "In-School Deferment" and automatic "Grad PLUS 6-Month Post Enrollment Deferment" after graduation)
- Forbearance - (e.g., "Alignment Forbearance" after graduation)
- Forgiveness on portion of unpaid debt
$\square$ Income-Driven Repayment (IDR) plans - Balance forgiven after 20-25 years of qualifying IDR payments
$\square$ Public Service Loan Forgiveness (PSLF) - Balance on Direct Loans forgiven after 120 months of qualifying public service



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## Making informed decisions ...

 ... also requires understanding the total "cost" of debt
## Debt always has two (2) costs ...

## $\square$ Direct Cost

- Interest
- Fees
- Opportunity Cost
$\square$ Value of what you are forgoing to repay the debt
- In essence, the interest you are losing


# Another factor to consider <br> <br> Simple vs. Compounding Interest 

 <br> <br> Simple vs. Compounding Interest}

## - Simple interest

- Increases in a LINEAR manner over time because it is not being "capitalized" (not being added to the principal balance)
- Interest generally accrues on your federal student loans as "SIMPLE" interest both during school and in repayment


## - Compound interest

- Increases EXPONENTIALLY over time because it is being being capitalized (added to the principal balance)
- Interest is compounding (perhaps as often as daily) on your INVESTMENTS and so your money is GROWING exponentially!

As such, you could end up with more money (not less) by investing your extra funds rather than paying off your federal loans faster!

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## So what should you do ...

... when "mapping your course" for loan repayment?

## Should you refinance with a private loan?

## You have the right to do so, BUT:

- You will lose the choice, flexilbility and safety provided by federal student loans including the income-driven repayment options.
- You may lower the direct cost, but likely will increase the opportunity cost (likely will have to repay the private loan faster, and therefore, have a higher monthly payment to qualify for the lower interest rate).

As such, you may be giving up more than you are gaining if you borrow a private loan - so exercise caution - be fully informed - investigate ALL the differences - don't focus solely on the interest rate!

## What repayment plan should you choose?

## Be strategic, consider:

$\square \quad$ Choosing the repayment plan that offers the LOWEST scheduled monthly payment - you can always pay extra (you also can change plans if your circumstances change)

## Why?

- This provides maximum cash flow flexibility so you can:
- Maximize amount you are prepaying in a targeted way at your most expensive debt (e.g., credit cards, private student loans) AND/OR
- Allocate "extra cash" for other purposes (e.g., investing/savings)


## Should you pay off your federal loans as fast as possible?

You have the right to do so-there are no prepayment penalties.

- But faster may not be better when repaying your federal student loans.


## You may want to consider:

- Taking longer to repay your Federal Student Loans.

Why?

- You may have better uses for your "extra" funds in terms of "opportunity cost."


## How will you use your money?

You must decide how to allocate your money across four "buckets"...


## charitable donations

Philanthropy

## The "Future" Bucket A "bucket" you cannot afford to ignore!

Financial planners suggest you should "Pay Yourself FIRST" using at least $20 \%$ of your gross monthly income on ...

- Investing for retirement
- Minimum of $10 \%$ of your gross monthly income
- Saving for a "rainy day" - the emergency fund
- Minimum of 6-9 months of your monthly living expenses
- Saving for the down payment/closing costs for a home
- Minimum of $10 \%$ of purchase price
- Saving for their children's education
- Minimum needed uncertain--may need to start paying for children's education much sooner than expected (e.g., elementary school)


## Timing matters when earning compounding interest!

## Why ilit doesn"t pay to wailt.



[^0]
## Paying off your federal student loans faster ...

$\square$ Reduces the Direct Cost by lowering total interest expense on the debt

## BUT it simultaneously

$\square$ Increases the Opportunity Cost because it diverts more of your current income from investing/saving in the "FUTURE bucket"

Therefore, when repaying your federal student loans, you need to evaluate this tradeoff between the DIRECT and OPPORTUNITY costs as well as the difference in SIMPLE vs. COMPOUNDING interest so that you make an informed decision that meets all your financial needs!

## Repayment Plans



# Plans fall into two (2) categories 

 (Subsidized, Unsubsidized, PLUS, Consolidation Loans)
## Fixed Payment Installment Plans

Payments based on LOAN BALANCE

- Plans
- Standard
- Graduated
- Extended (fixed)
- Extended (graduated)


## Income-Driven Repayment (IDR) Plans

Payments based on INCOME

- Plans
- Revised Pay As You Earn (REPAYE)
- Pay As You Earn (PAYE)
- Income-Based Repayment (IBR) - 2 options
- Income-Contingent Repayment (ICR)


# Fixed Payment Installment Plans Payments Based on LOAN BALANCE 

| Plans | Payment Structure | Term |
| :--- | :---: | :---: |
| Standard (default plan) | Fixed payments (do not change) | 10 years* <br> *(up to 30 years on <br> Consolidition Laons) |
| Graduated | Payments increase in graduated <br> steps every 2 years | 10 years <br> (up to 30 years on <br> consolidation Loans) |
| Extended** (fixed) | Fixed payments (do not change) | 25 years |
| Extended** (graduated) | Payments increase in graduated <br> steps every 2 years <br> Interest-only payments for first 2 years | 25 years |

- Payments are based on an "amortization schedule"must fully repay all the debt in the maximum repayment term of the loan
- Monthly payment must at least equal the accrued interest each month"negative amortization" is NOT permitted in these plans
** Must have more than \$30,000 in Direct/FFEL Loans to use EXTENDED plans to repay Direct/FFEL Loans


## Income-Driven Repayment (IDR) Payments Based on INCOME

- Payments are based on a percentage of your household's "DISCRETIONARY" income, i.e., that portion of your household's Adjusted Gross Income (AGI) that exceeds 150\% or 225\% of the federal poverty guideline for your family size and state of residence
- Household AGI always includes your income; and if you are married it also includes your spouse's income if you file a JOINT federal tax return (excludes spouse's income if you file separate federal tax returns in the Amended REPAYE/PAYE/IBR plans)
- Family size includes you, your spouse if married (if you file taxes jointly), your dependent children and any other dependents
- Payments are adjusted every 12 months based on how your AGI and family size change and can be less than the accrued interest each month ("negative amortization" is permitted)

| Plans | \% of Disc. Income | Poverty Guideline Threshold | New Borrower | PFH Required | Forgiveness | Subsidy |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Amended <br> REPAYE ${ }^{1}$ | $\begin{aligned} & 5 \% \text { ug } \\ & 10 \% \text { Grad } \end{aligned}$ | 225\% | NO | NO | 10 yrs (<\$12,001) <br> Up to 25 yrs <br> (>\$12,000) | All loans (No time limit) |
| REPAYE ${ }^{1}$ | 10\% | 150\% | NO | NO | 20 yrs UG only 25 yrs UG/Grad | All loans (No time limit) |
| IBR | $\begin{gathered} 10 \% \text { New IBR } \\ 15 \% \end{gathered}$ | 150\% |  | YES <br> $\substack{\text { (paymment } \\ \text { capoed) }}$ | 20 yrs New IBR 25 yrs | Subsidized loans only (up to 3 yrs) |
| PAYE ${ }^{1,2}$ | 10\% | 150\% | $\begin{gathered} \text { YES } \\ \text { (atas of } \\ 10012007) \end{gathered}$ | YES <br> $\underset{\substack{\text { (payment } \\ \text { capoed) }}}{ }$ | 20 yrs | Subsidized loans only (up to 3 yrs) |
| ICR ${ }^{1,3}$ | 20\% | 100\% | NO | NO | 25 yrs | NO |

${ }^{1}$ Only Federal DIRECT Loans are eligible for this plan (FFEL loans must be consolidated to be eligible for REPAYE, PAYE and ICR) ${ }^{2}$ PAYE will be phased out for most borrowers (only borrowers already on the PAYE plan will be allowed to continue using that plan) once the new IDR regulations are published.
${ }^{3}$ ICR will be phased out for most borrowers (only borrowers already on the ICR plan or those who have a Direct Consolidation Loan that included the consolidation of Parent PLUS) will be allowed to continue using ICR once the new IDR requlations are published.

# Interest Subsidy <br> Subsidy during "negative amortization" 

REPAYE (as amended)
(should be available by late 2024)

REPAYE

IBR
PAYE ${ }^{1}$
$I^{\prime} \mathbf{R}^{2}$
${ }^{1}$ PAYE will be phased out for most borrowers (only borrowers already on the PAYE plan will be allowed to continue using that plan) once the new IDR regulations are published.
${ }^{2}$ ICR will be phased out for most borrowers (only borrowers already on the ICR plan or those who have a Direct Consolidation Loan that included the consolidation of Parent PLUS) will be allowed to continue using ICR once the new IDR regulations are published.

Monthly Payment Estimates EXTENDED GRADUATED plan vs. REPAYE (*as amended)
Federal Loan Debt = \$100,000 (all Graduate level loans) (Assumed interest rate $=6.0 \%$ ) 2022 Household AGI = see below (Household Size $=1$; State $=48$ States; 2023 Poverty Guidelines)

| Item | $\begin{gathered} 2022 \mathrm{AGI}<\$ 21,870 \\ \$ 21,870(150 \%) \\ \$ 32,805\left(225 \%^{*}\right) \end{gathered}$ | \$65,000 \$32,805 (225\%*) |
| :---: | :---: | :---: |

## EXTENDED GRADUATED

Interest-only payments for first 2 years

## REPAYE

(150\%/225\%*) monthly payment

Negative amortization (unpaid interest)

## \$500

Negative amortization (unpaid interest)

REPAYE 50\%/100\%* subsidy of negative amortization (unpaid interest)

REPAYE Annual subsidy

Doing the math!
How much will you have to pay each month?

## "Loan Simulator"

- Provides estimates of monthly federal student loan payments at the START of repayment based on the data provided.
- Purpose of tool is to suggest the repayment plan you should use given your repayment goal(s) assuming you will not pay extra or change plans


## NOTES OF CAUTION:

$\square$ Tool does not account for changing repayment plans during repayment.
Tool does not account for paying extra amounts (prepaying) during repayment.
$\square$ Tool does not account for the time value of money (i.e., inflation), "opportunity cost," or your other financial planning needs when providing "total paid" estimates.

# Sample INITIAL Monthly Payments* 

Amended REPAYE (10\% of Discretionary Income) vs. STANDARD (10-year, fixed payment plan)

## Amended REPAYE

10\% of "Discretionary Income" using 225\% Poverty Guideline threshold

| AGI | HH Size $=1$ | HH Size $=2$ | HH Size $=3$ | TOTAL LOAN DEBT | Payment |
| :---: | ---: | ---: | ---: | ---: | ---: |
| $\$ 0$ | $\$ 0$ | $\$ 0$ | $\$ 0$ | $\$ 25,000$ | $\$ 278$ |
| $\$ 25,000$ | $\$ 0$ | $\$ 0$ | $\$ 0$ | $\$ 50,000$ | $\$ 555$ |
| $\$ 50,000$ | $\$ 143$ | $\$ 47$ | $\$ 0$ | $\$ 75,000$ | $\$ 833$ |
| $\$ 75,000$ | $\$ 352$ | $\$ 255$ | $\$ 159$ | $\$ 100,000$ | $\$ 1,110$ |
| $\$ 100,000$ | $\$ 560$ | $\$ 464$ | $\$ 367$ | $\$ 125,000$ | $\$ 1,388$ |
| $\$ 125,000$ | $\$ 768$ | $\$ 672$ | $\$ 576$ | $\$ 150,000$ | $\$ 1,665$ |
| $\$ 150,000$ | $\$ 977$ | $\$ 880$ | $\$ 784$ | $\$ 175,000$ | $\$ 1,943$ |
| $\$ 175,000$ | $\$ 1,185$ | $\$ 1,089$ | $\$ 992$ | $\$ 200,000$ | $\$ 2,220$ |
| $\$ 200,000$ | $\$ 1,393$ | $\$ 1,297$ | $\$ 1,201$ | $\$ 225,000$ | $\$ 2,498$ |
| $\$ 225,000$ | $\$ 1,602$ | $\$ 1,505$ | $\$ 1,409$ | $\$ 250,000$ | $\$ 2,776$ |
| $\$ 250,000$ | $\$ 1,810$ | $\$ 1,714$ | $\$ 1,617$ | $\$ 275,000$ | $\$ 3,053$ |

*REPAYE monthly payment estimates based on 2023 federal poverty guideline for 48 states (using 225\% Poverty Guideline Threshold)

## Obtaining Payment Estimates

You can always contact your loan servicer to obtain monthly payment estimates for each payment plan once your loans are approaching the start of active repayment or already in repayment.

Taking Charge

## Develop Your Loan Repayment Plan

## Develop Your "Action Plan" 4 Steps

1. Take stock of your loan portfolio
$\square$ Review loan summary/details at: StudentAid.gov
2. Determine when repayment begins
3. Choose your repayment plan
4. Evaluate if "Consolidation" is beneficial

Remember, you must repay all that you owe!

## StudentAid.gov <br> Loan Summary and Details

Login using your FSA ID to view your DASHBOARD:

- Username
- Password

You Are America's Smartest Investment

The U.S. Department of Education's office of Federal Student
Aid (ESA) provides more than $\$ 120$ billion in financial aid to
help pay for college or career school each year.

Once logged into your DASHBOARD, select the "View Details" link to view a summary and details of your federal student loans regulated by U.S. Department of Education. Loan servicer details also appear here.

(LDS/PCL regulated by HHS do not appear here.)

## Loan Servicer <br> Federal Direct Loans

- Direct Loans currently are "serviced" by the following private contractors (March 2023):

| Aidvantage (formerly Navient) | MOHELA (also manages PSLF) |
| :--- | :--- |
| Aidvantage.com |  |
| (800) 722-1300 | Mohela.com |
| Great Lakes* | (888) 866-4352 |
| Mygreatlakes.org | Nelnet |
| (800) 236-4300 | Nelnet.com |
| HESC/Edfinancial | (888) 486-4722 |
| Edfinancial.com | OSLA Servicing |
| (800) 236-4300 | Public.osla.org |

- Check your "dashboard" at: StudentAid_gov to verify contact information for the loan servicer for each of your federal loans.
- ED can change how your Direct Loans are serviced—you will be notified whenever changes occur.
* Loans currently serviced by Great Lakes are scheduled to be transferred to NELNET in Spring 2023.


## Fees and Interest Rates

Federal Direct Loans

| Interest <br> Rates | Direct <br> Unsubsidized Loan | Direct <br> Grad Plus Loan |
| :--- | :---: | :---: |
| $2020-2021$ | $4.30 \%$ | $5.30 \%$ |
| $2021-2022$ | $5.28 \%$ | $6.28 \%$ |
| $2022-2023$ | $6.54 \%$ | $7.54 \%$ |


| Rate Structure | Variable rate that becomes FIXED |  |
| :--- | :---: | :---: |
| Rate Formula | "High yield on 10-year Treasury note" + <br> SPREAD/MARGIN |  |
| Spread/Margin | $3.6 \%$ | $4.6 \%$ |
| Maximum Rate | $9.50 \%$ | $10.50 \%$ |

# When does repayment begin? 

(Subsidized, Unsubsidized, Grad PLUS, Consolidation Loans)

## Loans with GRACE PERIOD

- Subsidized and Unsubsidized
- 6 months after graduation


## Loans without GRACE PERIOD

Grad PLUS

- 6 months after graduation due to automatic 6-month postenrollment deferment
- Consolidation
- At graduation
- Prior loans where grace period has been used
- At graduation


# Picking Your Payment Plan 

(Subsidized, Unsubsidized, Grad PLUS, Consolidation Loans)

- Why?
$\square$ Your loans will remain on the Standard (10-year fixed) Plan if you fail to notify servicer of desired plan
- When?
- 45-60 days prior to start of active repayment - your loan servicer should contact you to confirm what plan you want to use
- How?
$\square$ Follow directions provided by your loan servicer
- You will need to apply online for the Income-Driven Repayment (IDR) plan you want to use
- IDR application is available online from the "In Repayment" checklist on your DASHBOARD at: StudentAid.gov
- What if you need to change plans?
- Contact your loan servicer


## Should you"consolidate" your federal student loans?

Consolidation is the refinancing of federal student loan debtnot the combining of debt-you are borrowing a new Federal Direct Consolidation Loan

- May be helpful - particularly if you have non-DIRECT federal student loans (e.g., Perkins, LDS) - not likely necessary if you only have DIRECT Loans (cannot consolidate PCL or private loans)
- All federal student loans are eligible
- Does NOT lower the cost of the debt
- Interest rate is fixed--equals weighted average of interest rates of loans being consolidated, then it is rounded up to nearest $1 / 8^{\text {th }}$ percent
- Apply for the new loan online at: StudentAid.gov/consolidation


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Benefit for Public Service
Public Service Loan Forgiveness
Program (PSLF)

## What is PSLF?

Public Service Loan Forgiveness (PSLF) is a repayment benefit that provides:
$\square$ forgiveness of any outstanding balance on a Federal Direct Loan

- once you complete 120 months ( 10 years) of "qualifying public service"
- while in repayment on that Direct Loan


# What constitutes a month of "qualifying public service?" 

You must satisfy following three (3) conditions during the month for that month to count toward PSLF benefit:

1. Must be repaying qualifying loans - only DIRECT loans (e.g., Direct Unsubsidized, Direct Grad PLUS) are eligible for PSLF.
2. Must be a paid employee (generally, not a contractor or volunteer) of a qualifying public service organization (i.e., government agency, private non-profit) during the entire month averaging at least 30 hours per week.
3. Must make an on-time "scheduled" qualifying payment (using any IDR plan) on your DIRECT Loans.

Refer to: StudentAid.gov/PSLF; use "PSLF Help Tool" at: StudentAid.gov/PSLF for more information about PSLF.

# Track Your Eligibility for PSLF Employment Certification - "PSLF Form" 

- Complete the "Public Service Loan Forgiveness (PSLF) \& Temporary Expanded PSLF (TEPSLF) Certification \& Application" (PSLF Form) annually AND whenever you change employers.
- PSLF Form is available online using the "PSLF Help Tool" at: StudentAid.gov/PSLF.
- Submit completed/signed form as instructed.
- PSLF Form will be processed, then you will be advised as to how many months you have earned toward PSLF based on the information
$\square$ Voluntarily submitting the form allows you to:

1. Inform U.S. Department of Education (ED) that you hope to take advantage of PSLF (quasienrollment process)
2. Track your progress toward earning the PSLF benefit
3. Provide documentation that you have been doing qualifying public service during the time period specified on the certification form when the time comes to apply for the PSLF benefit.


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## Be strategic in repayment ...

... leverage the unique nature of federal student loans!

## When making decisions about student loan repayment

## Consider a balanced approach ...

- Weigh the importance of minimizing the interest cost of your loans with your need to save/invest for the future
- Beware of financial risks
- Uncertainty of your future income
$\square$ Uncertainty of your future expenses
- Leverage the flexibility, choice and safety provided with federal student loans so you successfully:
$\square$ Repay your debt
- Achieve your other financial goals more quickly


## Direct Loan payment tips

## SINGLE statement billing

- You should receive a "combined/itemized/consolidated" monthly bill and have one monthly payment for your DIRECT Loans
- Payments can be made using:
- Check or money order
- Online electronic payment at loan servicer's website
- "Auto-Pay" (contact your loan servicer to apply)
- Saves time - payments are automatically deducted from your checking/savings account on the due date
$\square$ Saves money -- interest rate reduced by 0.25\%
- No penalty for prepayments
$\square$ Prepayments can be targeted at a specific loan; but must be applied to accrued interest before principal
- Contact your loan servicer before you prepay for instructions
- Target prepayment amount at loan(s) with highest interest rate


## Payment relief is available! Important "safety nets"

You should never have to miss a payment (or default) on a federal student loan - payment relief should be available to you - but you must ask for the help ...

- Postpone repayment temporarily using:
- Deferment - (e.g., "In-School Deferment" and automatic "Grad PLUS 6-Month Post Enrollment Deferment" after graduation)
- Forbearance - (e.g., "Alignment Forbearance" after graduation)
$\square$ Adjust your monthly payment:
- Income-Driven Repayment (IDR) plans may provide opportunity to reduce monthly payment when income decreases

> Contact your loan servicer for more information, and to request payment relief, if needed!

## The CARES Act

## Student Loan Provisions

For all federal student loans owned by the U.S. Department of Education (includes all DIRECT LOANS) the following two provisions apply until 60 days after 6/30/23 or 60 days after the Supreme Court rules on the debt cancellation lawsuits-whichever comes first.

- Interest is waived
- Interest will resume accruing at the underlying fixed rates that were in effect when the loans were first disbursed.
- Loans in active repayment have been placed on the COVID-19 EMERGENCY FORBEARANCE suspending payments
- These months will count as qualifying months toward all forgiveness benefits including Public Service Loan Forgiveness (PSLF).
- Payments will resume using the payment plan that was being used at the time the forbearance began in March 2020.

For updates on the federal government's response to the COVID-19 pandemic regarding student loans, go to: StudentAid.gov/coronavirus

## For more information

- Contact the Law School Admissions and Financial Aid Office
- Contact your loan servicer(s)
- Online resources:
- Federal student loan repayment: StudentAid.gov
- Federal student loan summary/details: StudentAid.gov
- "Loan Simulator": StudentAid.gov
- Federal Direct Consolidation Loans: StudentAid.gov/consolidation
$\square$ Income-Driven Repayment (IDR) Plans: StudentAid.gov
$\square$ Public Service Loan Forgiveness Program (PSLF):
- "PSLF Help Tool" online at: StudentAid.gov/PSLF
- Added information/FAQs online at: StudentAid,gov/PSLF
$\square$ Free annual credit report: AnnualCreditReport.com


## BE STRATEGIC: Get on Target Take Charge of Your Financial Future and Loan Repayment!



Jeffrey Hanson Education Services


[^0]:    1. Assuming an $8 \%$ annual return, compounded monthly. Results are hypothetical and do not represent the performance of any actual investment. They do not reflect fees, expenses, or taxes. For illustrative purposes only.
